

# Watermelon Pizza

## Ingredients:

**Serves 12**

½ whole watermelon  
1 ½ cups unsweetened coconut  
yogurt  
½ cup blueberries  
½ cup raspberries  
¼ cup pumpkin seeds  
4 Tbs fresh mint



\*SOY FREE



\*VEGAN



\*GLUTEN-FREE



## Directions:

1. Wash the watermelon and cut into 1 inch thick rounds.
2. Top each round with a thin layer of yogurt, spreading to so that it almost reach the rind.
3. Cut each round into slices and sprinkle with the blueberries, raspberries, pumpkin seeds, and some fresh mint. Enjoy!

## Nutrition Facts

12 servings per container

**Serving size** 2 slices

**Amount per serving**

**Calories** 90

% Daily Value\*

**Total Fat** 2.5g 3%

Saturated Fat 1g 5%

Trans Fat 0g

**Cholesterol** 0mg 0%

**Sodium** 10mg 0%

**Total Carbohydrate** 18g 7%

Dietary Fiber 2g 7%

Total Sugars 13g

Includes 0g Added Sugars 0%

**Protein** 2g

Vitamin D 0.5mcg 2%

Calcium 90mg 6%

Iron 0.8mg 4%

Potassium 250mg 6%

\*The % Daily Value tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.