

Quick Guide

Wholeness Health Plan Health Risk Assessment (HRA) and Biometric Screening Process

STEP 1: VISIT [HTTPS://LLUH-HRA.COM](https://lluh-hra.com)

STEP 2: SCHEDULE A BIOMETRIC SCREENING APPOINTMENT

- Click on the orange link at the top of the page labeled "BIOMETRIC SCHEDULER"
- A new page will open
- Login: lluh (lowercase)
- Password: wholeness (lowercase)
- Click "Create a New Account"
- Fill in Create New Account Information and hit "Save My Account Profile"
- Click "Create New Appointment"
- Click the circle next to the words "Biometric Health Screening" (far right column) next to the event/location of your choice and scroll to the bottom of the page and click "Create New Appointment"
- Select your appointment time from the drop down menu and click "Save New Appointment"
(You will receive a confirmation email shortly after saving your appointment.)

STEP 3A: EMPLOYEES ONLY

- Complete the Health Risk Assessment by returning to <https://lluh-hra.com>
- Use the following login information
- User Name: This is your 8-digit EID # located on your employee badge
- Password: wholeness (lowercase)
- Change your password as prompted and record your new password for future reference
- Complete registration by entering your data in the required fields
- Click "Health Risk Assessment" under My Health Tools on the left
- Complete the "My Health Stats" section and click "Submit"
- Click "OK" to proceed to the HRA
- Read the Terms of Use and click "Agree" at the bottom of the page
- Click "Start New Assessment" and complete questions and click "Finish" on the last page

STEP 3B: SPOUSES ONLY

- Complete the Health Risk Assessment by returning to <https://lluh-hra.com>
- Click "I don't have an account: Sign-Up" at the bottom of the page in orange
- Fill in all required fields and click "Next". (You will need your spouse's 8-digit EID # and your own email address.)
- Fill in the biometric fields and click "Next"
- Enter your email address as your user name, create a password, select a password reset question and click "Finish"
- Click "Continue"
- Click "OK"
- Read the Terms of Use and click "Agree" at the bottom of the page
- You will be taken to the first page of the HRA
- Complete questions and click "Finish" on the last page



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