QUICK GUIDE

Activities to be eligible for the Wholeness Health Plan's wellness discount

Wholeness Health Plan

STEP 1: Visit livingwhole.llu.edu

• Click on "Wholeness Health Plan Requirements"

STEP 2: HEALTH RISK ASSESSMENT

SUBSCRIBERS ONLY

Go to section A-Assessment and Account.	Go to section A-Assessment and Account.
2. Click on the Complete HRA button.	2. Click on the Complete HRA Button.
3. Use your personal LLUH Username and Password (API &	Username: Your Personalized EID Number
Outlook Logins) and click Submit.	Password: Wholeness123!
4. Read Terms and Conditions & "Agree" at the bottom of page.	3. Change password as prompted and record it for reference.
5. Complete the registration by entering your data in the	4. Read Terms and Conditions & "Agree" at the bottom page.
required fields.	5. Complete the registration by entering data in required fields.
6. Click on "Start a New Assessment" to begin.	6. Click on "Start a New Assessment" to begin.
7. Complete the questions and click "finish" on the last page	7. Complete the questions and click "finish" on the last page.

*New hires and spouses have 90 days from their health plan effective date to complete HRA and biometric screening.

STEP 3: REGISTER FOR MYCHART

- Go to section A-Assessment and Account on the website. If you do not have your MyChart code that you
 received in your Health Plan enrollment letter, please call 1-877-558-0090 to receive your code. Please skip
 Step #3 if you already have a MyChart Account.
- Click on "Create MyChart account". Once opened, go to New User and click on "Sign Up Now."
- Enter activation code, ZIP code and date of birth (mm/dd/yyyy). Click "Next" to go to the next sign-up page.
- Create a username. This cannot be changed, so think of one that is secure and easy to remember.
- Create a password. You can change your password at any time.
- Enter your Password Reset Question and Answer and click "Next".
- Select your communication preference and enter your email address.
- · Click "Sign In".

Please refer to page 2 of the Quick Guide for additional instructions.



COVERED SPOUSES ONLY

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STEP 4: SCHEDULE A BIOMETRIC SCREENING APPOINTMENT

SUBSCRIBERS ONLY	COVERED SPOUSES ONLY
Go to section B-Biometric Screening and click the	Go to section B-Biometric Screening and click the "Spouses"
"Subscribers primary coverage holder" button.	button.
2. Use personal LLUH username and password (API/Outlook).	2. Fill in the Log In and Registration required fields.
3. You will then be required to complete the additional	3. You will then be required to complete the additional
information requested to register your account.	information requested to register your account.
4. Once logged in, select your preference of an LLUH Onsite	4. Once logged in, select your preference of an LLUH Onsite
Screening or a LabCorp Patient Service Center.	Screening or a LabCorp Patient Service Center.
5. Confirm your demographics and select continue.	5. Confirm your demographics and select continue.
6. You can now search and schedule your appointment.	6. You can now search and schedule your appointment.
7. Please check your email to ensure all information is correct.	7. Please check your email to ensure all information is correct.

*Onsite Screenings are held once a month and have limited availability. If there are no available appointments within your deadline due date, please schedule at a LabCorp Patient Service Center.

To schedule appointments over the phone, call 844-251-6524 Mon-Fri 6am-6pm. Please have your EID ready.

To request a LabCorp Voucher:

- Log into your LabCorp WellConnect account (if you have not created an account, please use instructions in Step 4.)
- Once logged in you will see a welcome page with a LabCorp Voucher downloadable Form.
- Click on Download Form, then select I Agree, then Save, on the Pop-up Authorization box
- A pdf will appear in the bottom left hand corner of the page that is titled "offsitelabcorp.pdf":
- You can open the pdf and print it.
- Please read and follow the instructions on the first page.
 - *Be sure to take in the printed form to your appointment or show it on your phone to the staff checking you in.

STEP 5: PERSONALIZED WELLNESS REPORT

- 14 days after you completed your biometric screening, visit the HRA homepage and log into your account.
- Click the green box stating "View Your Latest Report" then click "View PDF Report."

The "C-Care Management" section of the web page is ONLY for individuals who received care management notices in the mail.

