

Nominate a Colleague TODAY

The Living Whole Wellness program would like to acknowledge and highlight **employees** who are Living Whole! Selected employees will have their picture posted on our website and receive a Living Whole gift. If you know an employee who qualifies, nominate them for the Living Whole honors.

Deadline: Tuesday, September 30, 2014



Examples include:

- Was an advocate for health in the workplace
- Promotes self-care and wellness
- Has overcome a great obstacle and inspires Living Whole
- Has completed a 3k, 5k, half marathon, triathlon or similar competition
- Lost a significant amount of weight and is committed to a healthy lifestyle

Living Whole
Wellness Program



LOMA LINDA
UNIVERSITY
HEALTH

I Nominate...

Employee name _____ Employee Ext _____

Entity _____ School (if applicable) _____

Department _____ Employee Supervisor _____

Supervisor Ext _____ Supervisor Email _____

Your Name (if you are nominating someone) _____ Your Ext _____

Give a detailed description of how your colleague is Living Whole (max: 200 words) , attached additional pages if needed:

For more information and to submit this form, complete and email to livingwhole@llu.edu, fax 909-651-4170 or intercampus mail to Department of Risk Management, Attn: Living Whole, 101 E. Redlands Blvd, San Bernardino, CA 92408.