

Giving to a Giver

Adopt-a-Missionary Project



How to Adopt a Missionary

Send Holiday Cheer to missionaries on the front-lines with Christmas in a box! Follow the directions below to sponsor the care package contents. The Global Health Institute (GHI), in collaboration with Students for International Mission Service and the National Association of Seventh-day Adventist Dentists, will take care of the international shipping costs.

What to do:

1. Choose a family - care package sponsors can be individual or groups! See contact info below*
2. Pick-up a box from the GHI office
3. Fill it up - up to 20 lbs!**
4. Turn it in by **December 2nd*****
5. Feel the warm fuzzies!

*Limit of two missionary families per department until November 22.

**Include your contact info/greeting card/photo so the missionary will know who to thank.

***Pick-up of complete care packages from an LLUH office can be arranged. **Return box unsealed with a list of the contents.** Tax deductible receipts are available upon request.



Who are these volunteers?

This project is focused on LLU alumni, Global Service Awardees (GSAs), Deferred Mission Appointees (DMAs), and Adventist Health International long-term volunteers, who are serving overseas at LLUH Strategic Interest Sites. These individuals and their families are taking the message "To Make Man Whole" all over the world in cities and remote areas. Their roles range from physicians, dentists, hospital administrators, nurses, public health educators, and more. Share the holiday spirit and a little reminder of home by signing up to sponsor a box today!

Box Pick-up/Drop-off Address:

Global Health Institute
24888 Prospect Ave.
Loma Linda, CA 92354

Contact Us:

Phone: (909) 558-4420
Email: ayutuc@llu.edu



LOMA LINDA UNIVERSITY
HEALTH

Global Health Institute

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Christmas Box Wish List

Nostalgic Food Items

Chocolate Snack mix (Chex, goldfish, pretzels, etc.)
Mixed Nuts
Peanut butter
Candy (Skittles, bubble gum, etc.)
Macaroni and cheese boxes
Spray cheese
Cake mix
Brownie mix
Popcorn
Cookie mix
Granola bars/Protein bars
Instant mashed potato mix
Ginger bread house
Graham crackers
Marshmallows
Flavored drink packets (Propel, tea, hot cocoa, cider, lemonade, etc.)
Canned Loma Linda foods (Linketts, Vege-Burger, Scallops, Big Franks, FriChik, etc.)

Personal/Necessary Items

Pedicure set
Mosquito repellent (with DEET)
Hand sanitizers
Duct tape
Shower curtains
Waterproof spray (for shoes during rainy season)
Small needle and thread case
Headlamp

Kids

Holiday craft/ornament
Books
Small stuffed animal
Coloring book/crayons
Travel game (Sorry, UNO, etc.)
Christmas socks
Soccer balls
Balloons
Glow sticks

Entertainment/Leisure

Movie DVDs
Music CDs
Books (encouraging/devotional/family themed for 2016)
Recent magazines (vogue, time, the economist, people, etc.)
Games (UNO, phase 10, dutch blitz, etc.)
Christmas music and lights
Greeting cards
Lotion
Recipes
Candles
Office supplies
Stationary

ETC.

LLU mugs
LLU shirts/sweatshirts
Any LLU gear (shirts, pens, mugs, etc.)

DON'T SEND:

Aerosols
Alcohol
Dry ice
Fresh fruits and vegetables
Gasoline
Nail Polish
Perfumes
Perishable food
Batteries

Note: Get creative when filling your box and try to remove all unnecessary packaging/containers to make the most of your limited space.

