

PRESENTS WELLNESS LIVE



January 31
Wellness: I Just Don't Have the Time

Lyndon Edwards, MBA, MHS



February 28
Cancer Screening and Prevention

Mark Reeves, MD, PhD



March 28
Diet & Cancer Risk in the Adventist Health Study – 2

Michael J. Orlich, MD, PhD



April 25
Advanced Directives: The Best Gift You Can Give Your Family

Gina Mohr, MD



May 30
Maximize Your Visual Potential!

Michael Rauser, MD



June 27
Current Understanding of the Key to the Gate for Timing of Birth

Steven Yellon, MD



July 25
The Well Woman Exam and Prevention, What's New and What Do I Do?

Courtney Martin, DO



August 29
Life's Legalities

Christian W. Johnston, Esq.



September 26
ABCs of Vaccines: Facts vs. Myths

Noreen Chan Tompkins, PharmD, BCPS-AQ ID



October 31
The Molecules Behind a Healthy Longevity

Penelope Duerksen-Hughes, PhD



November 14
Men's Health: Prostate, Bladder and Testosterone

Roger Hadley, MD



December 12
The Gift of Gratitude

Carl Ricketts, Jr., MDiv

Ask questions live or view on demand at livingwhole.llu.edu/wellnesslive/
5:30–6 p.m.



Hosted by Olivia Moses, DrPH
Director, Corporate Health and Wellness

Can also be viewed **LIVE** on Loma Linda University Health's Facebook page!



LOMA LINDA
UNIVERSITY
HEALTH