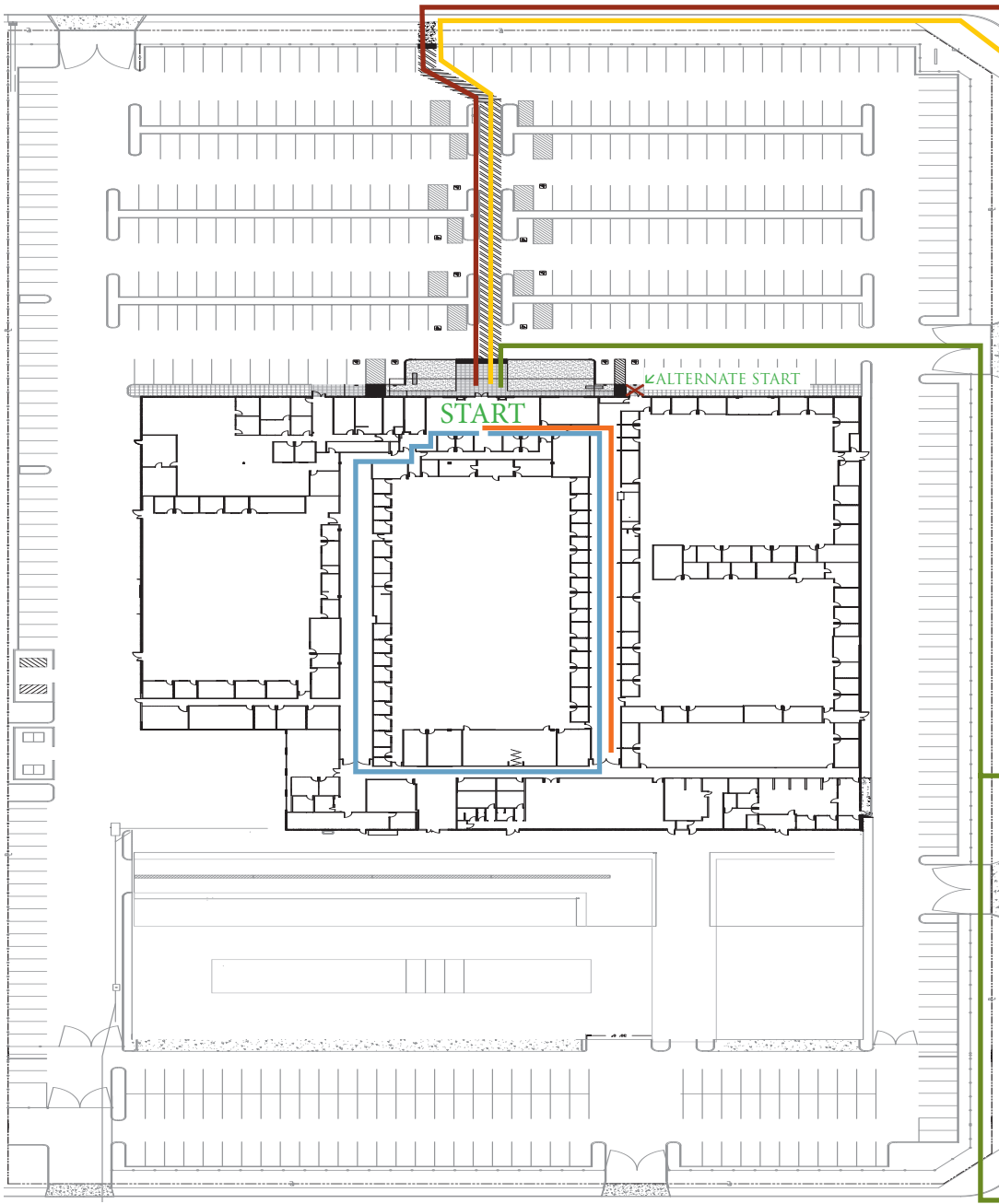


E. Redlands Blvd.

E. Redlands Blvd.



- Loop-D-Loop
- T-rrific
- Happy Feet
- Too Hip to Be Square
- Quick-Step



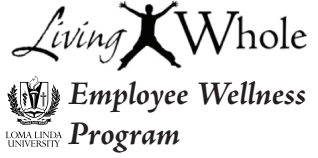
E. Caroline St.

Club Center Dr.

Club Way

Club Way

Club Center Dr.



W. Club Center Dr.

W. Club Center Dr.

Map not to Scale

LIVING WHOLE WALKING TRAILS

QUICK-STEP

- Start out at lobby
- Face receptionist desk, turn left towards East doorway
- Begin in the East Main Hallway
- Walk down Hallway once facing South and back facing North, ending in lobby

214 Steps
0.1 miles
6 calories burned
3 min. walk
3x = 9 min. walk

TOO HIP TO BE SQUARE

- Start out at lobby
- Face receptionist desk, turn left towards East Doorway
- Turn right, walk down East Main Hallway
- Go through double doors, turn right down south hallway
- Go to end of hall, turn right through double doors to West main hallway
- Go down West Main Hallway
- Go through last door to the right
- Ending in the Lobby

334 Steps
0.1 Miles
9 Calories burned
5 Min. walk
2x = 10 Min. walk

T-RRIFIC

- Start at lobby facing North or door just East of Lobby Entrance
- Go out through parking lot using blue crosswalk
- Walk through pedestrian gate, turn right along Redlands Blvd.
- Turn right on Club Way walking along east side of 101 Building to end of Club Way
- Turn right on West Club Center Dr. and walk to the end of street
- Turn around and walk to opposite end of West Club Center Dr. and back to Club Way
- Follow trail back to lobby

650 Steps
0.2 Miles
20 Calories burned
10 Min. walk

LOOP-D-LOOP

- Start out at lobby or door just East of Lobby Entrance
- Facing North, walk through parking lot using blue crosswalk
- Walk through pedestrian gate and make a right on Redlands Blvd.
- Turn right on Club Center Dr.
- Make a right on East Caroline St.
- Right on Club Way, back to Redlands Blvd., turn left
- Follow Trail back to Lobby

938 Steps
0.4 Miles
28 Calories burned
17 Min. walk

HAPPY FEET

- Start out at lobby or door just East of Lobby Entrance
- Face North and exit Lobby turning right
- Walk out East Driveway
- Turn Right on Club Way
- Make a Left at the end of Club Way onto W. Club Center Dr.
- Follow around onto Club Center Dr.
- Turn Left on E. Caroline St.
- Right on Club Way
- Follow trail back to Lobby

1576 Steps
0.6 Miles
38 Calories burned
15 Min. walk