

Barley Salad

Ingredients:

3 tbsp. orange juice, fresh

1/4 tsp. kosher salt

2 tbsp. extra virgin olive oil

4 cup pearl barley, cooked

1 small head fennel, julienned

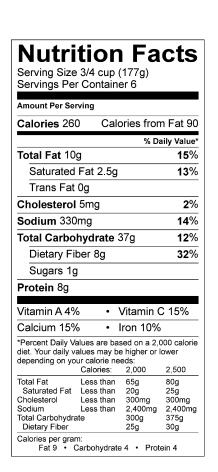
1/4 cup pine nuts

½ cup parmesan cheese, grated

½ cup cooked stripple, cut into small pieces

2 tbsp. parsley, fresh, chopped

1/₃ tsp. ground pepper







Directions:

- 1. In a small bowl, whisk together the orange juice and kosher salt.
- 2. Add the olive oil and whisk to combine. Set aside.
- 3. Combine the barley, fennel, pine nuts, parmesan, bacon and parsley in large mixing bowl.
- Add dressing and stir to combine. Serve immediately or allow to sit in refrigerator for up to 1 hour.