

NEWSGRAM

A weekly publication from the office of Student Affairs

Fall Quarter October 23, 2014

Worship Activities

Loma Linda University Church

11125 Campus Street, Loma Linda



Church Services:

Saturday, 9:00 and 11:45 a.m.

Sabbath School:

10:30 a.m.



11057 Hill Dr., Loma Linda, CA 92354 T (909) 796-0222 F (909) 796-1992 campushill.org

Come join us in worship. Share God's love with us.

All LLU students are invited to join us for lunch every Sabbath at 1:30 p.m. in Linda Hall (building next to the church)

Church Services:

Saturdays at 9:30 a.m. for Sabbath School and Worship Service at 11:00 a.m.



Chapel

University Church 11:00 a.m. - 11:50 a.m.

October 29, 2014 LLU Sings

LLU Student ID badge is Mandatory for Attendance credit!

Student Service Center Hours

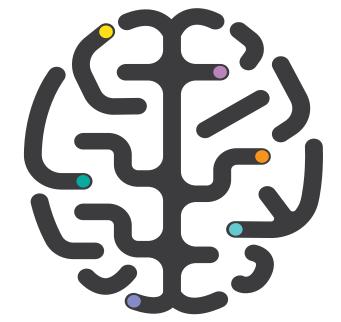
Monday: 8:30 am - 4:00 pm Wednesday: 12:10 am - 6:00 pm Tuesday: 8:30 am - 4:00 pm Thursday: 8:30 am - 4:00 pm

Friday: 8:30 am - 12:30 pm

Announcements

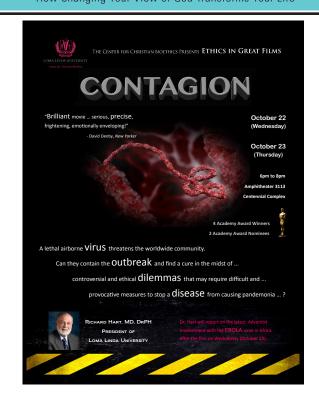


Dr. Timothy Jennings
Friday, October 24, 2014 at 7 PM
Location: Damazo Amphitheater,
Centennial Complex



THE GOD-SHAPED BRAIN

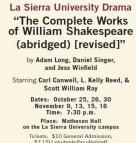
How Changing Your View of God Transforms Your Life



Announcements

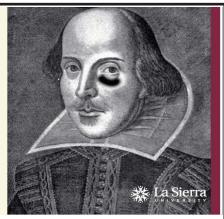


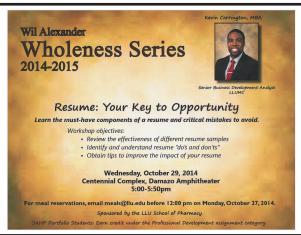




Box office: Humanities Hall #102 ama@lasierra.edu or (951)785-2241 Nov. 1 @ 7:30 p.m. & Nov. 2 @ 2 p.m

Dates: Nov. 1 @ 7:30 p.m. & Nov. 2 @ 2 p.m.
Place: The Randall Visitor Center on the Loma
Linda University campus
Free performances—no admission.





Newsgram is available on the web! llu.edu/central/studentaffairs/index.page

Research Subjects Needed for Food Study



Students of the Nutrition and Dietetics Department are looking for LLU students to participate in a study entitled, "The Effects of Meal Composition on Satiety in a Healthy Student Population"

In order to participate, you must be:

- 1. between 20 and 30 years of age.
- 2. a healthy, moderately active individual
- 3. have a BMI of 20-24.9*
- 4. **not** any of the following: smokers, breakfast skipper, with metabolic disease(s), pregnant/breastfeeding, allergic to beans, lentils or other forms of legumes, or with weight changes ≥ 11lbs within the last 6 months.

You will be asked to come in from **9:30 AM to 1:30 PM** on two consecutive Sundays: **November 9 & 16 2014**.

We will provide breakfast and lunch each day. We need your help to study the effect of legumes on satiety.

For more information, please email the research team at tkim1@llu.edu between September 15, 2014 and November 2, 2014.

*BMI = Weight in lbs + (Height in inches)² x 703, or go to http://www.nhlbi.nih.gov/guidelines/obesity/BMI/bmicalc.htm

Research Study

Motivation & Physical Activity

WE NEED YOU!

Are you 25 – 44 years old? Are you NOT physically active?

nysically active? Opports

Info & Online Screening: phdresearch2014.webs.com

BENEFITS FOR YOU:

- Free biometric measurements
 Usage of cutting-edge
 accelerometer technology
- Report of physical activity, sedentary and sleep time levels for four one-week periods within 6 months
- Opportunity to make positive changes to health!

951.785.2293 phd.research.2014@gmail.com

LLU IRB approved study



The NEWSGRAM is a publication of Student Affairs. Information can be submitted to the Office of Student Affairs at newsgram@llu.edu. Deadline to submit information is on Wednesday Morning. Priority is given to events directly related to LLU. Office phone number (909)558-4510

(909) 558-4510.